

Spring 2018 Menu

Week 1	Week 2	Week 3
W/C 8th Jan, 29th Jan, 26th Feb & 19th March	W/C 15th Jan, 5th Feb, 5th March, 26th March	W/C 22nd Jan, 19th Feb & 12th March
Monday	Monday	Monday
Organic beef burger in homemade bun, peas & sweetcorn, chipped potatoes. Chewy oat & seed bar.	Quorn & Vegetable Fajita, broccoli, sweetcorn & potato wedges. Rhubarb & apple crumble.	Margarita Pizza, veg sticks, pasta salad & garlic bread. Grannies crunch and orange.
Tuesday	Tuesday	Tuesday
Bangers, mash & gravy, mixed vegetable, wholemeal bread. Carrot Cake Muffin	Chicken Korma & Rice, green beans, carrots & naan bread. Treacle sponge & custard.	Bacon & Tomato Pasta, broccoli, sweetcorn, wholemeal bread. Apple strudel & custard.
Wednesday	Wednesday	Wednesday
Roast Chicken, stuffing, gravy, carrots, cabbage, roast potatoes & wholemeal bread. Rice pudding & mandarins.	Pork loin, apple sauce, gravy, creamed potatoes, cabbage, swede & herbie bread. Digestive biscuit, cheese & grapes	Minced beef pie (shortcrust topping), mixed vegetables, sweet potato mash & poppy seed bread. Date, oat & ginger cookie with milk.
Thursday	Thursday	Thursday
Spaghetti Bolognese, peas, sweetcorn & sunflower bread. Chocolate pear fudge pudding with chocolate sauce.	Pasta Bolognese, peas, carrots & tomato bread. Orange brownie & custard.	Chicken Stir Fry with Noodles, cauliflower, carrots & wholemeal bread. Lemon drizzle cake & custard.
Friday	Friday	Friday
Fish Fingers, carrot, broccoli, diced potato & pitta bread. Forest fruit flap jack.	Breaded Salmon Fillets, broccoli, sweetcorn, saute potatoe, tomato sauce & oaty brown bread. Shortbread finger & yoghurt.	Battered Fish, peas, carrots, chipped potatoes & wholemeal bread. Bun with apple & raspberries.