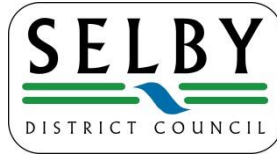


Inspiring
healthy
lifestyles



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Holiday **Active** Camps

February Half-Term
Easter
May Half-Term
Summer
October Half-Term

8:45am – 3:00pm
7-14 years

£15 per day or £60 for 5 days

Excludes Bank Holidays



For More information or to book your place
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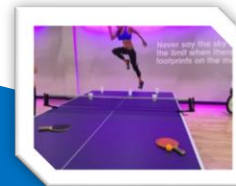
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Holiday **Active Camps**

Programme Content

Exclusive **Swim every morning
from 9:00 – 10:00 (8-14 yrs)
Includes fun floats and inflatables**

**10:30 – 11:30 **Bowling, Adventure Play and
Skate Park****

Move it Monday

E.g. Multi-skills, aerobics, junior gym

Tackle it Tuesday

E.g. Football, Hockey, Touch Rugby

Whack it Wednesday

E.g. Short Tennis, Table Tennis, Rounders

Throw it Thursday

E.g. Handball, Netball, Dodgeball, Frisbee

Friday Is Tournament Day

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