Autumn 2019 Menu

Week 1	Week 2	Week 3	
W/C 2 Sept, 23 Sept, 14 Oct, 11 Nov, 2 Dec	**W/C 9 Sept, 30 Sept, 21 Oct, 18 Nov, 9 Dec**	**W/C 16 Sept, 7 Oct, 4 Nov, 25 Nov, 16 Dec**	**Sandwich of the Day**
Monday	**Monday**	**Monday**	**Monday**
Organic Beef Meatballs in Tomato Sauce & Pasta Broccoli & Sweetcorn & 50/50 Bread Chocolate Surprise Muffin or Fresh Fruit & Organic Yoghurt	Pasta Bolognaise Peas & Sweetcorn Tomato bread Fresh Fruit Platter or Yoghurt	Tuna & Sweetcorn Slice Diced Potatoes, Baked Beans, Carrot Sticks Sliced Wholemeal Bread Cheese & Crackers with fruit, Fresh Fruit or Yoghurt	Cheese
Tuesday	**Tuesday**	**Tuesday**	**Tuesday**
Chicken Korma & Rice Cauliflower & Green Beans Naan bread Sticky Date & Apple Bars with Custard Fresh Fruit or Organic Yoghurt	(v) Popeye Pinwheel Pizza Italian Pasta Salad, Grated Carrot, Chipped Potatoes Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit or Organic Yoghurt	Beef Hot Pot Sweet Potato Mash Savoy Cabbage & Carrots Sunflower Seed Bread Rice Pudding with Peaches Fresh Fruit or Yoghurt	Egg
Wednesday	**Wednesday**	**Wednesday**	**Wednesday**
Sausage, Mash & Onion Gravy Mixed Greens, Carrots Sliced Wholemeal Bread Cheese, Crackers & Apple Fresh Fruit or Yoghurt	Minced Beef & Yorkshire Pudding, Carrots, Roast Parsnips, Creamed Potatoes Herbie Bread Fresh Fruit or Yoghurt	Chicken & Vegetable Pie, Jacket Potato, Medley of Vegetables Crusty Bread Apple Berry Fool & Custard Fresh Fruit or Yoghurt	Ham
Thursday	**Thursday**	**Thursday**	**Thursday**
Cottage Pie, Broccoli & Winter Red Coleslaw Crusty Bread Fruity Gingerbread & Custard Fresh Fruit or Organic Yoghurt	Moroccan Chicken with Cous Cous, Veg sticks Apricot Seed Bread Raspberry Bun & Cheese Fresh Fruit or Organic Yoghurt	Mexican Minced Pork Wraps Vegetable Rice, Spinach Coleslaw & Green Salad Pineapple Shortcake & Natural Yoghurt Fresh Fruit or Organic Yoghurt	Tuna
Friday	**Friday**	**Friday**	**Friday**
Crispy Battered Fish Baked Beans, Chipped Potatoes Sunflower Seed Bread Fresh Fruit Salad Fresh Fruit or Yoghurt	Crunchy Salmon Nibbles Tomato Sauce, Broccoli & Carrots, Potato Wedges Pumpkin Seed Bread Oaty Apple Crumble with Custard Fresh Fruit or Organic Yoghurt	Fish Fingers Peas & Sweetcorn Chipped Potatoes Wholemeal Bread Winter Sponge & Custard Fresh Fruit or Organic Yoghurt	Chicken